



INTERNATIONAL CONFERENCE, CAIRO

MARCH 21-23, 2018



INSTITUT FRANÇAIS
D'ARCHÉOLOGIE
ORIENTALE
المعهد الفرنسي لآثار الشرق الأوسط

37 al-Cheikh Aly Youssef Street
Al-Mounira, Cairo, Egypt



POLISH CENTRE
OF MEDITERRANEAN ARCHAEOLOGY
UNIVERSITY OF WARSAW
Research Centre in Cairo

14, Nazih Khalifa Street (previously Baron Empain)
Heliopolis, Cairo, Egypt

WEDNESDAY MARCH 21ST

INSTITUT FRANÇAIS
D'ARCHÉOLOGIE ORIENTALE



09:00-9:40	Registration	09:40-09:50	Opening Remarks
09:50-10:20	Philippa RYAN Cultivating Nile Islands: Agriculture and Land-use at New Kingdom Amara West (1300-1070 BC) and perspectives from present-day Ernetta Island		
10:20-10:40	Stephen WOOTEN The Development of an Agrarian Foodway on the West African Savanna: A Comparative Perspective on Egyptian and Sudanese Culinary Dynamics		
10:40-11:00	Johanna SIGL and Claire MALLESON Fish and Fodder: The Alternative Food Supply Chain Found on Elephantine Island		
11:00-11:20	Stephen J. DAVIS The Politics and Local Practice of Food Distribution at the Shenoutean Women's Monastery at Atripe: Textual and Archaeological Evidence from the Fifth to the Early Seventh Century		
11:20-11:30	QUESTIONS and DISCUSSION		
11:30-11:50	BREAK		
11:50-12:10	Richard REDDING and Claire MALLESON The Big Question: How Were the Pyramids Built? The Answer: By Well Fed People . . .!		
12:10-12:30	Almoatz-bellah ELSAID, Nessrin KHARBOUSH, Hussein KAMAL A Historical and Scientific Study for Pottery Jar of Tutankhamun Used to Preserve Lentil Seeds		
12:30-12:50	Gillian PYKE Food Management at a Monastic Household in the Wadi al-Natrun: The Ceramic Evidence		
12:50-13:00	QUESTIONS and DISCUSSION	13:00-14:00	SPEAKERS' LUNCH
14:00-14:20	Paulina LEWICKA Food and Therapy. Aspects of Medical Discourse of Egypt of the Mamluk Period (13th-17th centuries)		
14:20-14:40	Shahira MEHREZ Culinary Infrastructure and Traditions in Early 20th Century Cairo Mansions: In Addendum, a List of Some of "the Lost Recipes of the Notables of Egypt"		
14:40-15:00	Omar FODA Star of the Nile: How Stella Became the Beer of Egypt, 1882-1980		
15:00-15:10	QUESTIONS and DISCUSSION	15:10-15:30	BREAK
15:30-16:30	POSTER SESSION		
18:00-19:00	EVENING LECTURE Salima IKRAM Feasts Fit for Pharaohs: Food and Drink in Ancient Egypt (Evening Public Lecture)		

THURSDAY MARCH 22ND

POLISH CENTRE OF MEDITERRANEAN ARCHAEOLOGY, RESEARCH CENTRE IN CAIRO



POLISH CENTRE
OF MEDITERRANEAN ARCHAEOLOGY
UNIVERSITY OF WARSAW
Research Centre in Cairo

-
- 09:30-10:00** **Nadia SHOHOUMI** Food and Ritual. An Anthropological Perspective
-
- 10:00-10:20** **Joanna DĘBOWSKA-LUDWIN, Karolina ROSINSKA-BALIK**
Food and Drinks in the Early Egyptian Funeral Tradition – the Case of Tell el-Farkha
-
- 10:20-10:40** **Maria Rosa GUASCH-JANÉ** Multidisciplinary Study on the Ancient Egyptian Wine Production
-
- 10:40-11:00** **Mennat-Allah EL DORRY** Forbidden, Sprouted, Stewed:
An Archaeobotanical and Historical Overview of Fava Beans in Egypt
-
- 11:00-11:10** QUESTIONS and DISCUSSION
-
- 11:10-11:30** BREAK
-
- 11:30-11:50** **Agata BEBEL and Anna WODZIŃSKA**
Reconstruction of Baking Process Based on Depictions in the Old Kingdom Tombs
-
- 11:50-12:10** **Nicolas MORAND, Sébastien LEPETZ, Benoit CLAVEL**
Meat and Fish Consumption in Ptolemaic Alexandria:
Zooarchaeological Evidence from Necropolis and Settlements
-
- 12:10-12:30** **Julie MARCHAND** Cooking and Drinking in Egypt during the Early Medieval Centuries:
a Time of Changes on the Table and In the Kitchen
-
- 12:30-12:50** **Tamar CHEISHVILI, Ketevan GARDAPKHADZE**
African Origin Culinary Terms according to De Re Coquinaria
-
- 12:50-13:00** QUESTIONS and DISCUSSION
-
- 13:00-14:00** LUNCH
-
- 14:00-14:20** **Stephen BUCKLEY, Joann FLETCHER, Cynthia SPITERI, Philipp STOCKHAMMER**
Ancient Diets in Egypt and Sudan: a Direct Biochemical Approach
-
- 14:20-14:40** **Andrea MANZO** Banquet at Mahal Teglinos (Sudan, third-second Millennium BC).
Local Recipes and Imported Delicacies in Protohistoric Eastern Sudan
-
- 14:40-15:00** **Ulrike NOWOTNICK** Meroitic Kitchens
-
- 15:00-15:30** **Darlene BROOKS-HEDSTROM**
Thinking About Monastic Food: Theory, Practice, and the Archaeology of Spatial Design
-
- 15:30-16:00** QUESTIONS and DISCUSSION

FRIDAY MARCH 23RD

INSTITUT FRANÇAIS D'ARCHÉOLOGIE ORIENTALE



- 09:40-10:00** **Rania Y. MERZEBAN**
Every Friend with whom I Drank and Ate
- 10:00-10:20** **Laura REMBART** The Impact of the Hellenistic and Roman World on Eating and Drinking Habits in Upper Egypt. Changes in the Local Repertoire of Forms of Syene
- 10:20-10:40** **Heba Mahmoud SAAD**
Street Food and Nourishment of the Poor during the Mamluk Era
- 10:40-11:00** **Nivin EL ASDOUDI** The Fadlja Cuisine Before and After the Relocation
- 11:00-11:20** **Gabriel M. ROSENBAUM**
Egypt's National Dish: Fūl, Egyptian Identity & Their Reflection in Modern Egyptian Literature
- 11:20-11:30** QUESTIONS and DISCUSSION
- 11:30-11:50** BREAK
- 11:50-12:10** **Valérie ANGENOT** Eating in Ancient Egypt: Semiotics of an Iconographic Absence
- 12:10-12:30** **Claire NEWTON, Alain DELATTRE, Laurent BAVAY**
Food Connections in Upper Egypt in the Eighth Century AD: A View from a Hermits' Hill
- 12:30-12:50** **Robert STARK and Joanna CIESIELSKA**
Dietary transgressions? An Investigation of Diet Among the Monks of Ghazali, Sudan
- 12:50-13:00** QUESTIONS and DISCUSSION
- 13:00-14:00** SPEAKERS' LUNCH
- 14:00-15:00** FINAL DISCUSSION AND WRAP UP

